## Listing of Claims

This listing of claims will replace all prior versions and listings of claims in the application:

- 1-16 (withdrawn)
- 17. (canceled)
- 18-19 (withdrawn)
- 20. (currently amended) A method of increasing intimacy comprising applying a <u>substantially anhydrous</u> composition comprising at least one polyol, which increases in temperature by at least about 5.degree. C. upon exposure to moisture and which has an <u>Maximum</u> Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface during intimate activities.
- 21. (currently amended) A method of enhancing relaxation comprising applying a <u>substantially anhydrous</u> composition comprising at least one polyol, which increases in temperature by at least about 5.degree. C. upon exposure to moisture and which has an <u>Maximum</u> Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface during intimate activities.
- 22. (currently amended) A method of treating female sexual dysfunction comprising applying a <u>substantially anhydrous</u> composition comprising at least one polyol, which increases in temperature by at least about 5.degree. C. upon exposure to moisture and which has an <u>Maximum</u> Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface <u>during intimate activities</u>.
- 23. (currently amended) A method of treating vulvodynia comprising applying a <u>substantially anhydrous</u> composition comprising at least one polyol, and an analgesic agent, which increases in temperature by at least about 5 degrees C. upon exposure to moisture and which has an <u>Maximum</u> Energy Release Index of at least about 11 mJ/mg to <u>the vulva of a woman a skin or mucosal surface</u>.
- 24. (withdrawn)
- 25. (currently amended) A method of treating dysmenorrheal comprising applying a <u>substantially anhydrous</u> composition comprising at least one polyol, and an anti-inflammatory agent, which increases in temperature by at least about 5°C upon exposure to moisture and which has an <u>Maximum</u> Energy Release Index of at least about 11 mJ/mg to a tampon and inserting said tampon vaginally.

26. (newly presented) A method of increasing intimacy comprising applying a substantially anhydrous composition consisting essentially of at least one polyol, which increases in temperature by at least about 5 degrees C. upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface during intimate activities.